



POTAWATOMI TRAVELING TIMES

Volume 24, Issue 14 • ktthe mko gizes Big Bear Moon • January 15, 2019

Winter Event 2018 Held



(l-r) Thomas X, Jorge Cisneros Sr., Ira Frank, Scotty Daniels, Frankie, Brooks Boyd, and Camilla.



Well For Culture outreach (l-r): Thosh Collins, Skye Alloway, Chelsey Luger and Alo

submitted by Skye Alloway, FCP Education Outreach Coordinator

On Saturday, December 29, 2018, Winter Event 2018 brought us an indigenous lyricist, a wellness-based initiative, and a locally-sourced feast. All were part of a collaboration between Forest County Potawatomi (FCP) Education/Culture and AODA departments in order to host positive, family-friendly activities during the holiday break.

Thomas X from Red Lake, Minn., was up first. He brought a powerful sound, message and thoughtful presentation of his work, tailored to even our smallest attendees. The group favorite was definitely his round dance rap 'Rezolution', with Brandon Strong on the hand drum.

Well For Culture provided its presentation titled 'Seven Circles of Wellness'. Co-founders Thosh Collins and Chelsey Luger are working to highlight the innate wellness within the original ways at the root of every nation, and the importance of returning to the tools that were given to us as indigenous peoples. Their young daughter, Alo, was along for the trip. She was a true joy, playing happily with alternating parents or nearby while they presented. This small family is truly 'walking the walk' and bringing their teachings to indigenous nations across the globe.

The feast that followed was sourced from Bodwéwadmí Ktëgan, sponsored by FCP AODA, and prepared by Evelyn Wolcott. Chi Migweth to Evelyn for serving a delicious feast and Brandi Wolcott for assisting!

FCP Education/Culture and AODA would like to thank the presenters and all those who attended. We are looking forward to spending more time together as a community!



(above and below) Those in attendance take time to pose with Thomas X and Well For Culture.



(left) Thomas X performs for the audience. (above) Well For Culture presents the 7 Circles of Wellness.



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John L. Jackson



John L. Jackson, 64, of Cottage Grove, Wis., passed away Dec. 14, 2018, at his home. Born Aug. 21, 1954, John was the son of John Jackson and Lucille Biddell.

John graduated from Rhinelander High School in 1972 and was on the swim team. He was an avid bicyclist, studied chess, liked short trips, reading, and was well-liked by everyone. John was united in marriage to Karen Coffey on Aug. 18, 1996.

Surviving John is his wife: Karen Jackson; son: Keon Butterfield, Austin, N.M.; Jeryl (James) Perenich, Rhinelander, Wis.; Julie Chorak, Rockford, Ill; Deanna Olson, Lady Lake, Fla.; brother: Jayson (Shirley) Jackson, Wisconsin Rapids, Wis.; foster mother: Evelyn Henning, Rhinelander, foster sister, Lynn (Scott) Woodford, Rhinelander; foster brother: Robert Van Gorder, California.

He was preceded in death by his parents: John and Lucille; baby sister: Joy Jackson and foster father: Grant Van Gorder.

Native American Services were held Dec. 18, 2018, at the Potawatomi Cultural Center, Crandon. Burial took place Dec. 19, 2018, at the Potawatomi Tribal Cemetery, Crandon. Weber-Hill Funeral Home assisted the family with the arrangements.

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Deadline for the February 1, 2019 issue of the Traveling Times is Wednesday, January 16, 2019.

POTAWATOMI TRAVELING TIMES
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Lois Crowe SCHOLARSHIP 2019

FOREST COUNTY POTAWATOMI EDUCATION/CULTURE

Lois Crowe

Open: January 1, 2019
Deadline: February 28, 2019

Open to Forest County Potawatomi direct descendants and legally-married spouses

FOR APPLICATIONS OR MORE INFORMATION, PLEASE CONTACT: SKYE ALLOWAY
 EDUCATION OUTREACH COORDINATOR
 715-478-4705

MITTEN TREE

Open to Tribal Community Members

Join in the mission to keep little fingers & heads warm this winter.

Monday, November 26th thru January 2019

FCP Economic Support has set up the Mitten Tree in the Family Services Building lobby. This tree will be decorated with donated hats and mittens for children. You can drop off donations at the front desk or call 715-478-4433.

If you would like to make a monetary donation, please make a check payable to "FCP Economic Support" and give to front desk staff.

Brought to you by

FCP Family Services
 5415 Everybody's Road
 Crandon, WI

For more information:
 Martha Johnson
 715-478-4433
 Martha.Johnson@FCPotawatomi-nsn.gov

FOREST COUNTY POTAWATOMI ECONOMIC SUPPORT

Thank you for your generosity during this winter season!

Ring in the New Year!

by Val Niehaus

The Forest County Potawatomi (FCP) Powwow Committee along with AODA Prevention Group hosted a first annual New Year's Eve Sobriety Powwow to ring in the new year. And what a fantastic event this turned out to be for all who attended!

The night started off with a dinner prepared by committee members, which was complimented with dishes and desserts brought by some of the attendees. A prayer was said by FCP elder Louie Spaude and everyone dug in.

Grand entry started off the night of dancing. Veterans carrying in flags and staff included Jayson Jackson, Clarence Daniels, JR Holmes, Mary Weso, Louie Spaude, Ardin Mielke, Brenda Shopodock and Gilbert Hammer. Fire Nation singers were then host drum along with Crazy Boy who came in to join for the night. Both drums did an amazing job with every song they sang and many participants were up and dancing all night.

Head male and female dancers were Richard Gougé and Michelle Reed with tribal royalty representing FCP and Sokaogon Chippewa.

A big shout out goes to Jordan Keeble who was emcee for the night. He did a great job of getting everyone out to dance. He even made small gestures to each child and various adults complimenting their dancing or asking how their night was going so far. He comfortably filled small breaks in the action with introductions of those involved in coordinating this event, as well as comments about the recent recovery walk and fire and the involvement of different members in the sobriety initiative.

Keeble shared a bit of his own personal recovery story and discussed some of his future plans. Throughout the evening, he invited a number of other people to share their experiences with addiction and recovery. There were several who had over three years of recovery with one member having an even longer period of sobriety under his belt. All offered gratitude for their sober lifestyle and encouragement to others striving to get their lives back on track. There was one individual who was five months into recovery, and her strength in being able to share her successes so early in her journey said

a lot about her commitment. Sobriety is a tough road to achieve and maintain, but it is definitely easier when a person is surrounded by supportive friends and family who encourage them every step of the way. There was applause and words of encouragement and congratulations offered by those in attendance for everyone who shared their story.

Executive Council members in attendance who gave a bit of appreciation for those who put this all together and for those present were Brenda Shopodock, Nick Shepard, and Brooks Boyd. They were very pleased to see a good turnout; all said how great of a time they were having being a part of this event.

As for the powwow itself, having the two drum groups kept things moving. There were many special dances that the committee decided to do: potato dance, spot dances, round dance, two-step and even musical chairs. As midnight approached, there was a special sobriety countdown into 2019! To top off the evening, there were fireworks to ring in the New Year and, as expected, these were greatly appreciated by those who made it to midnight - especially the young people.

This event, which had been planned with relatively short notice, ended up being very successful according to many who attended. There were many individuals as well as families who enjoyed the food, the company, and the dancing. There were a number of little ones who came to dance for their very first time. It is always great to see the next generation becoming involved in a cultural event such as this. Hopefully, this will be something in which these young people stay involved. This powwow was very family-oriented and the atmosphere was one of fun and good times across the generations. It was obvious everyone was having a good time, and it proved to be an excellent way to bring in the New Year with a sober mind and heart.

Thanks are extended to all who put in the time and effort to make it happen, and here's hoping that this becomes an annual tradition because for those who attended, it truly was a perfect way to ring in the New Year!



Council members share their thoughts about the night.



Having a great time all together as you can see! submitted photo



Pictured are Arden and Travis Thelen, winners of the potato dance. They must practice at home a lot!



Jordan did a great job as emcee all night!



Jaycee Tuckwab's not too sure what to do with her winnings from the spot dance.



The last standing into the New Year! submitted photo

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 Hours: Monday-Thursday, 7 a.m. - 5 p.m.

IMPORTANT: WE ARE NO LONGER ACCEPTING CHECKS AS A FORM OF PAYMENT. CASH, DEBIT OR CREDIT CARDS ONLY.

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AODA/EDUCATION/CULTURE

 **FOREST COUNTY POTAWATOMI**
 Keeper of the Fire

THESE CANOES CARRY CULTURE
 Instructed by Wayne Valliere

STARTING DATES: JANUARY 4, 5, 6, 2019

Everyone is welcome to this 25-day birch bark canoe building workshop that will result in one high-end Anishinaabe-style canoe.

Historical, ceremonial and cultural aspects of Anishinaabe canoe-building will be taught.

IT FILM crew will be present to document the process and conduct interviews.

OLD TRIBAL HALL
 Stone Lake, Wisconsin

Workshop will begin Friday, January 4 with a pipe ceremony.
 Ladies - please wear long skirts.

FOR MORE INFO, CONTACT:
 Skye Alloway
 715-478-4705
Skye.Alloway@FCPotawatomi-nsn.gov



SALT BRINE

What is Brine?
 Brine is a mixture of salt and water that is sprayed on roads to reduce the freezing point of winter precipitation.

Why use Salt Brine and Less Salt Sand?
It's Cleaner – no mess to clean up or wash into the environment. Abrasives such as sand pose a significant risk to water quality and may threaten the survivability of aquatic species, especially during spring runoff. Brining can mitigate the use of abrasives.
Safer Roads – Less ice and less hard pack of snow.

Same Salt – The amount of salt to be applied will be about the same as salt sand, maybe slightly less with salt brine. This means that the amount of salt getting on vehicles and into the environment will potentially decrease.

QUESTIONS?
 Contact FCPC Roads Department Manager at (715) 478-7392.

 **FOREST COUNTY POTAWATOMI ROADS**




U.S. Forest Service (USFS)

ROAD ACCESS AGREEMENT

with Forest County Potawatomi Community

Signed on December 14, 2016

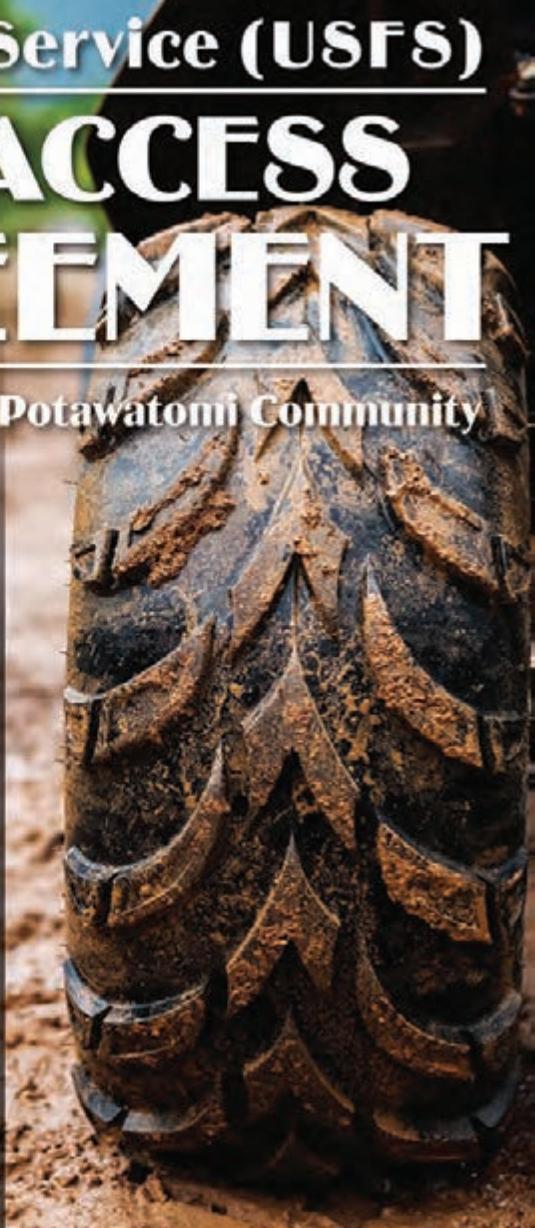
What this means for FCP Tribal Members:

- Allows FCPC Tribal Members to use ATVs/UTVs on certain USFS roads to access tribal lands identified in the agreement

For More Information Contact:
 Land & Natural Resources Division at (715) 478-4192

- Road Access Agreement and maps available at the Land & Natural Resources Building

 **FOREST COUNTY POTAWATOMI LAND & NATURAL RESOURCES DIVISION**



Creative Food Drive Held

submitted by FCP Health Division

In December, staff at the FCP Health & Wellness Center (HWC) participated in a non-traditional holiday sculpture contest. Each department was asked to create a display using non-perishable food, personal care items, or pet supplies which could then be donated to the Was-mogishek Food Pantry and the Humane Society, both located in Crandon. To say that this contest was well-received is an understatement! The competitive nature of staff was brought out as each department tried to out-do the other, and the finished products were nothing short of amazing!

Three judges (staff members from different FCP divisions) were asked to score the displays on originality, creativity, use of products, quality, and overall presen-

tation. The Maintenance department received the top honor with its construction of a pet store. Not only did staff members donate their own money, they contacted Schaefer's IGA, who offered to match the dollar amount raised. Maintenance staff felt that it was important to keep the money raised local. Staff from the Humane Society was then asked to help shop for the items they were critically in need of.

Although the Maintenance department won the contest, the Forest County community was the big winner. The generosity of all HWC staff members that participated and donated is sure to be appreciated by those in need, especially during the holidays.



Administration



Behavioral Health



Dental



Community Health



Imaging, Lab, Reception, Records



Maintenance (Winner)



Rehab



Medical



Optical

HO
HO
HO!



The Big Haul



SLIPS & FALLS

Slips, trips and falls outside are the second most common cause of accidental deaths in the U.S. each year.

Try these preventative measures:

- Wear shoes with non-slip soles
- Leave your hands and arms free for better balance
- Head up, phone down
- Use designated paths and crosswalks

Should you have an accident, call (715) 478-4300. We offer a variety of services to help you from: Family Medicine, Weekend Walk-In, Imaging, and Rehabilitation Services.

Honoring Health, Healing, and Tradition



FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER

8201 Mish ko swen Drive, Crandon, WI

www.FCPotawatomi.com

Mon. - Fri. | 7 a.m. - 6 p.m.

(715) 478-4300

Open to the Public

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- Uniform Allowance

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FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH

RSVP APPRECIATED
Cofly Chitso (715) 478-4567
Anne Chremos (715) 478-4585
Lisa Miller (715) 478-4320

cmh.FCPotawatomi.com
Check out the registration form at cmh.FCPotawatomi.com

January Luncheon

diabetes program

WEDNESDAY, JANUARY 16, 2019
12-1:30 P.M.

FCP 8-Plex Apartment Commons (Next to the Caring Place)

Goals, Moving and Healing with Diabetes

GUEST SPEAKER:
Elizabeth Reynolds, Elderly/Community Health Case Manager

Open to FCP Tribal Members with Diabetes and their Guest

Lunch, Education & Prize Drawings
Chili | Corn Bread | Salad | Strawberry Shortcake

KICKOFF 2019 WITH

WOMEN'S WORKOUT

OPEN TO FCP Tribal Women

Tribal Wellviation participants can earn 1 point for attending 50% of classes for each session!

SESSION I
BEGINNING
Jan. 15 - Feb. 21 2019

SESSION II
BEGINNING
Feb. 26 - April 4 2019

Classes will run Tuesdays and Thursdays from 5:30 - 6:30 p.m.
FCP Rec Center

INSTRUCTOR:
Mishel Ison - RYT, CTA, Y12SR, 2nd Dan Black Belt

Workouts will range from strength training, kickboxing, Tabata, to yoga classes and are modifiable to accommodate all levels.

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH

To register or for more information, contact Leah Littleton, CHR, at 715.478.4381 or leah.littleton@fcpotawatomi-nsn.gov

You may also register online at cmh.fcpotawatomi.com and click on Women's Workout Registration

Family Services Division

submitted by Abbey Lukowski, Family Service Division Administrator

Bosho! Family Services Division (FSD) offers many supportive services to tribal members and community members. FSD staff give service in a number of capacities; some of those services are more visible than others. However, one

component is for certain: whether we're busily assisting a client during a confidential appointment or hosting a community event, we are here to support and serve you.

The division appreciates the oppor-

tunity to serve you. We are available Monday - Thursday, 7 a.m. to 5 p.m. For additional information, please reach out to our main line at (715) 478-4433. For emergency situations, staff are available 24 hours a day, 7 days a week, 365 days a year. For those outside of the normal business week services, emergency child-related needs may be addressed by

calling (715) 889-1446. For all other emergency client needs, please contact our Community Advocacy line at (715) 478-7201. As a gentle reminder, if you receive the voicemail, please leave a clear and detailed message with the best phone number to return your call. Migweth!

More on pg. 8...



Julie Kaye currently serves in the position of Community Advocate for the Forest County Potawatomi Family Service Division's Community Advocacy Department. She has served the community for eight years. She is responsible for providing advocacy and support in the following areas:

- 24/7 Hotline
- Legal advocacy
- Medical advocacy and referral
- Emotional support whether abuse was current or in the past
- Crime-victim compensation
- Restraining orders
- Referrals to domestic abuse shelters
- Advocate for the tribal elders and disabled tribal members in federal, state and county benefit and private-sector issues
- Access and determining eligibility benefits
- Assistance with Medicare and Social Security
- Community presentations and trainings

In her spare time, she enjoys camping, hiking, campfires, finding waterfalls, snow-shoeing, reading, and Netflix. She also enjoys serving the FCP Community by offering the Elders Capi Break that began Jan. 8. It will be held every Tuesday throughout the year from 1 - 3 p.m. at the We Care facility.



Kerry Fox currently works at the Family Resource Center (FRC) as the Family Resource Center Coordinator. She has been working for the Forest

County Potawatomi community for 11 years.

The classes that are available at the FRC are: Nurturing Fathers parenting group, Healthy Relationships class, Play Shoppe, Girls group, Positive Indian Parenting class, Fatherhood is Sacred & Motherhood is Sacred class, and Women's group. A new group that will be offered is Parent Café. So, be on the lookout. Kerry also collaborates with The Healing House & Wellness Court and co-facilitates Moral Reconciliation Therapy class.

In her spare time, Kerry enjoys teaching Zumba and Strong by Zumba. She enjoys most exercise, bootcamp, Hiit, yoga, kickboxing, and weight-lifting.

Kerry genuinely enjoys working with all the families and looks forward to having the opportunity to meet you in person!



Kathy Tupper currently serves as the Community Service Coordinator for FCP's FSD and began in this role on January 22, 2018.

Kathy is responsible for providing resources, case management, community service sites and projects for both mandated and volunteer participants. She works closely with all departments of the tribe and outside agencies to ensure the success of the participants. This program can provide a way for tribal members to

become connected to their community while learning critical thinking, citizenship and problem-solving skills. She also works with youth to help them develop a personal stake in their own community and raise awareness of community issues.

Kathy most recently has been working with the school districts to teach leadership skills through service learning. She has worked with individuals and families for over 25 years in the Forest County area and has a passion for helping others reach their personal goals and empowering them to move forward to a better place in their lives.

In her spare time, Kathy enjoys spending time with her husband, Brian, as well as their four children and three grandchildren. She loves boating, taking walks outside, long scenic UTV rides and traveling to new places.

Kathy is very grateful to the FCP Community for the chance to do the work she loves while making a positive impact on the individuals. She hopes her program keeps growing and that individuals learn that everyone can make a difference by giving back to the community that gives them so much.



Jasmine Anderson currently serves in the position of Native Resilience Social Worker for FCP's FSD where she has served the community for a year and a half. She is responsible for providing client advocacy, referrals, emotional support, guardianship services, and educational events.

In her spare time, Jasmine enjoys spending time and traveling with her husband and dog. She also enjoys serving the FCP Community by offering culturally-informed services to tribal members and their families.



Amanda Leonard currently serves in the position of Community Advocate for FCP's FSD Community Advocacy Department where she has served the community for four months. Amanda is responsible for offering emotional support, advocacy, a 24/7 hotline, referral and transportation, just to name a few.

In her spare time, Amanda enjoys beading, jamming out to good music, sharing time with her two daughters, hanging out with her dog-brother, and watching movies.

Amanda also enjoys serving the FCP Community by offering a helping hand to community members where needed.

Meet the Family Service Division

...continued from pg. 7



Amber Little currently serves in the position of Paralegal for FCP's FSD and has served the community for nearly five years. She is responsible for ensuring tribal and federal laws and regulations pertaining to all FSD departments are complied with, as well as drafting policies and procedures, MOUs, contracts, and other legal documents.

In her spare time, Amber enjoys hunting, fishing, crocheting, crafting and spending time with friends and family.

Amber appreciates serving the FCP Community by lending a helping hand when needed to all FSD departments.

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Maia Kegley currently serves as a Family Support Worker for FCP's FSD Community Advocacy Department and has served the community for one and a half years. Maia's responsibilities are to support families working within her division by providing transportation to appointments and supervising visits.

In her spare time, Maia enjoys reading, watching sports, going to concerts, and spending quality time with her family - especially her husband, son, and foster son.

Maia also enjoys serving the FCP Community by taking pride in being able to lend a helping hand and a listening ear to her fellow indigenous brothers and sisters.

Thoughts for a Better New Year

- Learn to take constructive criticism with grace and gratitude.
- Don't allow others to bully your sense of self and worth.
- Tell the people you love why you love them, and do so without it being a holiday or special occasion.
- Understand that growth isn't always linear and beating yourself up for "not being where you should be by now" is a toxic and fake construct placed on you by society.
- Don't spend time with people who don't reciprocate your love.
- Choose a form of exercise you enjoy - not one that makes you miserable just because it's supposed to be effective.
- Invest in a skill you've always wanted to explore and take a class in it.
- Apply to that job you've convinced yourself you aren't qualified for.
- Unfollow social media accounts that make you feel anything but upbeat and positive.
- Take ownership for your mistakes but also forgive yourself for being human.
- Make a concise step-by-step plan on how to achieve your next goal, be it big or small.
- Practice appreciating your body - not for its appearance, but for all the intricate, weird, and amazing things it does for you daily.
- Tell a trusted loved one something you've held inside for too long.
- Every now and then, switch out television (or phone, or computer) for a book.
- Learn how to disagree with someone without exploding into an argument.
- Put your phone away when you're having lunch with a friend or family member.
- Reach out to someone you've wronged and tell them you're genuinely sorry without expecting anything in return.

courtesy <https://thoughtcatalog.com>

RADON KILLS

January

Indoor Pollutants

- stale air
- vapors
- cigarette smoke
- radon
- chemical fumes
- electromagnet
- bacteria
- germs

RADON AWARENESS MONTH

Radon causes lung cancer! It is THE leading cause of lung cancer in non-smokers!

- If you're a smoker, your chance of getting cancer from radon is multiplied.
- An estimated 15,000 - 22,000 people a year die from lung cancer caused by radon.
- Radon is a radioactive odorless gas that seeps into your home from the soil. ANY home can have radon, regardless of whether the neighbor's house has it, or whether you're in an area with a high occurrence of radon.

GET YOUR HOME TESTED NOW!!
January is when conditions are best for testing.

It's easy to test. Carefully follow the instructions on the test kit package and send the package in for results.

SHORT-TERM AND LONG-TERM TEST KITS
(recommend short-term first, then long-term if results are high) can be obtained at:

Forest County Health Department
(715) 478-3371
M-F 8:30 a.m. - 4:30 p.m.
\$8.00 per kit!

- Most hardware stores

<http://forestcountypublichealth.org/community-health/radon/>
www.dhs.wisconsin.gov/radiation/radon
<http://www.epa.gov/radon>

BUG LAKE FISHEREE

SATURDAY, JAN. 26
9 A.M. - 3 P.M.

Open to all Tribal Members and their families.

FOOD & DRINKS PROVIDED

FREE RAFFLES

CATEGORIES:
BASS, TROUT, PERCH,
PUMPKINSEED, NORTHERN PIKE

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REMINER: THERE IS A LIMIT OF
3 LINES PER PERSON

* WHILE SUPPLIES LAST

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FOREST COUNTY POTAWATOMI
NATURAL RESOURCES

715-478-7222

Broadway Comes to Baraboo in an Exclusive Performance

submitted by International Crane Foundation

BARABOO, Wis. – Tickets are on sale now for the straight-from-New York City theatrical spectacle, Ajijaak on Turtle Island, coming to Baraboo's historic Al. Ringling Theatre in 2019.

This breathtaking production is the latest to be produced by Heather Henson's (daughter of Jim Henson) IBEX Puppetry, and is co-directed by Henson and the multi-award winning Ty Defoe. Only two public performances will be held in Wisconsin: Thursday, Jan. 24, and Friday, Jan. 25, at 7:30 p.m. Both performances benefit the Al. Ringling Theatre and the International Crane Foundation, who are partnering to bring this performance to Wisconsin.

Ajijaak on Turtle Island is written by interdisciplinary artist Ty Defoe of the Oneida and Ojibwe Nations of Wisconsin, with lyrics by Defoe and Grammy and NAMA-nominated Dawn Avery of Mohawk descent. Music is by Avery & Grammy Award-winner Larry Mitchell (Totemic Flute Chants), Kevin Tarrant of The SilverCloud Singers and of the Ho-Chunk Nation of Wisconsin and Hopi Tribe of Arizona, and Defoe, and based on original storyboards written and drawn by Henson.

The cast includes Tony Enos (Echota Cherokee), Joan Henry (Tsalagi, Nde',

and Arawaka), Wen Jeng, Adelka Polak, Sheldon Raymore (Cheyenne River Sioux), and Henu Josephine Tarrant (Ho-Chunk, Rappahannock, Hopi and Kuna), with designs from Christopher Swader and Justin Swader (Scenic), Katherine Freer (Projections), Marika Kent (Lighting), Emma Wilk (Sound), Lux Haac (Costumes), and Jim Henson's Creature Shop™ (Puppet Design & Fabrication).

Ajijaak on Turtle Island features breathtaking puppet creations designed and fabricated by The Jim Henson Workshop™, some towering on stage over 20 feet in height.

The story invites theatergoers to follow Ajijaak, a young whooping crane separated from her parents, tracing her first migratory journey alone from Wood Buffalo, Canada down to the Gulf Coast. With the guidance she receives from the numerous neo-Indigenous communities she encounters along the way, Ajijaak must persevere and continue the cycle, using her own unique song to restore harmony and balance to the Earth.

Through puppetry, traditional dances, animations, and kites, Ajijaak on Turtle Island celebrates the richness of Indigenous cultures and demonstrates the tender interconnectivity of all living things.

Henson is best known for her environ-

mental spectacles and other original performances designed to provide a transformative experience for audiences through the use of non-traditional storytelling. She blends the disciplines of puppetry, dance, and kiting with evocative sound and light effects to create immersive, interactive presentations that engage all of the senses and awaken the soul.

IBEX Puppetry is bringing this production to only four cities in the United States: New York City, Chicago, Providence, and Baraboo. While in Baraboo, the company will be offering two complementary matinee performances beginning at 10 a.m. for students.

Tickets are \$55 and \$75 for main

floor seats. Full boxes also are available and include a private reception, with a meet-and-greet following the performance. Tickets may also be purchased at the Al. Ringling Theatre box office, 136 Fourth Avenue, Baraboo, Wis., and by phone at (608) 356-8864.

Providing financial support are gold-level sponsors Ho-Chunk Gaming Wisconsin Dells, Tom and Kathy Leiden, and an anonymous sponsor through the Greater Sauk Community Foundation. Additional sponsorship opportunities are available. Please contact the International Crane Foundation or the Al. Ringling Theatre for more details.



photo by Richard Termine and Theo Cote

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Wgemas: THE REFECTORY IS COMING ALONG

Progress on the Refectory (or Wgemas, as it will be known on campus) is making a lot of headway. As of Dec. 21, first-floor rough mechanical, electrical, plumbing and fire protection were done as well as masonry, concrete, framing and kitchen stainless. In the basement there were drywall, taping and plaster repair. Work continues on all three floors and is slated for completion on April 1, 2019. Wgemas will be home to the Indian Council of the Elderly and other tenants.

Basement



First Floor



Up to Second Floor



Exterior



Redhawk Networking: PACIFIC NORTHWEST BANK LEADERSHIP SYMPOSIUM



A joint conference between the Oregon and Washington Bankers Associations was held Dec. 3-5. The premier banking industry event provided emerging leaders, bank management and directors with relevant information and great networking opportunities in the heart of downtown Portland. Whether an emerging leader, bank executive, director, or business partner, this top-notch event focused on the industry's hottest topics. Redhawk Network Security is an associate member of Oregon Banker's Association in which they attend several conferences and events each year. This December, Ben Gallo, President of Redhawk (pictured far right) and Cynthia Aceves, Senior Account Executive (pictured middle) took advantage of networking opportunities and representing their company and services when they attended the holiday party that followed Tuesday's seminars.

GMS: MARKETPLACE GOVERNOR'S CONFERENCE

Greenfire exhibited at the 2018 MARKETPLACE Governor's Conference and Expo at Potawatomi Hotel & Casino. The conference focused on connecting minority-, woman-, and veteran-owned businesses with local, regional, and state officials and corporations. With over 600 professionals in attendance, the first day of the Conference offered a tradeshow, workshops and breakout sessions focused on construction, sales, and business development.



Kyle Widenski and Rebecca Sadler

NOTICES

HEALTH

Wellbriety - 12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group - Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery - A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen - Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power - Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

***NEW* Living Life! AA Big Book Group** - Thursdays, 6 - 7 p.m., Northwoods Veterans Center, 104 S. Lake Avenue, Crandon. Contact Terri B. with questions at (715) 622-0502.

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHR's to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleerman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program - By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education Program - By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

CULTURE

Language Classes

Please call (715) 478-4173 with questions regarding times/locations of language classes.

SERVICES OFFERED

Tribal Employment Skill Program - available to adult tribal members who can be placed on a paid work experience opportunity in various tribal departments for up to six months. This allows tribal members to test drive different areas to find a good fit. The staff can assist with:

- Obtaining, reinstating, determining what is needed to obtain the driver's license
- Work-related expenses
- Résumé development/résumé critiquing
- Mock interviews and tips
- Job-seeking skills/soft skills
- Employment guidance/advocacy
- Fidelity bonding available

Work Study Program - for students that are in their senior year. Students can be on a work experience but must have good standings in all their school classes. We work with the FCP Education Department to set this up.

Badgercare - a state/federally-funded program that provides health coverage for individuals living on the reservation or within Forest County, tribal children and affiliated-tribal members.

Foodshare - a state/federally-funded program that provides an EBT food card to eligible individuals living on the reservation or individuals that have tribal children living in Forest County. The program has eligibility requirements that also considers shelter/housing expenses.

Foodshare Employment & Training Program (FSET) - individuals that are eligible for Foodshare would be eligible for this program which can assist with gas voucher, job training costs and other expenses relative to the goals that are set for securing employment.

Temporary Assistance for Needy Families (TANF) - this work program is funded through the Administration for Children and Families with an income limit of 125 percent of federal poverty level for individuals living on the reservation or individuals living in Forest County that have FCP tribal children. Individuals get a cash payment each month providing that they completed their work activities each month.

General Assistance (GA) - this work program is funded through the Bureau of Indian Affairs and is available for federally-recognized tribal members living on the reservation. Eligible individuals will get a cash payment each month providing that they are complying with the work plan developed with their case worker.

Native Employment Works (NEW) Program - this work program is funded through the Administration for Children and Families for individuals living on the reservation or within the service area. The paid work placement opportunity is for three months at 24-35 hour per week and we have limited slots available based on funding.

Resource Rooms - located at the old tribal hall and at the Family Services Building. Each area has computers that individuals can utilize to complete their resumé, type correspondence, work on the self-paced Microsoft Computer Training Program, apply for jobs, or apply online for healthcare coverage programs.

FCP Economic Support staff is available to provide services. If you want more information on any of these programs, please stop by the Family Services Building or call (715) 478-4433.

JANUARY EVENT CALENDAR

CHOICES Program

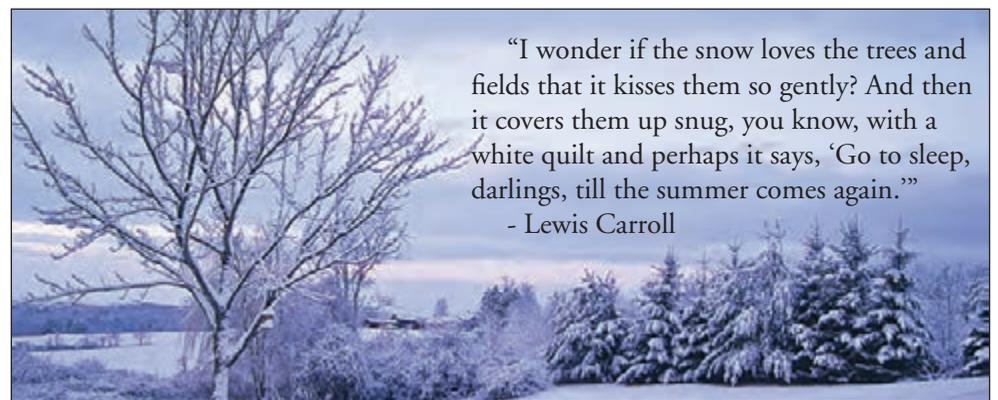
- Youth 9 - 11: Mondays (14, 28)
 - Youth 12 - 17: Tuesdays (15, 22, 29)
 - Youth 6 - 8: Wednesdays (16, 23, 30)
- Youth will be picked up from school and dropped off at home after 5 p.m. Call (715) 478-4839 for more info.

Family Resource Center

- Healthy Relationships Class: Mondays (14, 28) from 1 - 3 p.m.
 - FRC Girls Group (ages 10-17): Tuesdays (15, 22, 29) 3:30 - 5 p.m.
 - Team Building w/CHOICES (age 6-8): Wednesdays (16, 23, 30) 3:30 - 5 p.m.
 - Positive Indian Parenting Class (PIP): Thursdays (17, 24, 31), 10 a.m. - noon.
 - Community Women's Talking Circle: TBA
 - Open registration Fatherhood is Sacred & Motherhood is Sacred parenting class: 12-week curriculum; two-hour duration, one-on-one sessions.
 - Open registration Nurturing Fathers parenting class: 13-week curriculum; two-hour duration, one-on-one sessions.
- Child care available; please RSVP if needed. Call (715) 478-4837 with questions about any programs.

Community Health

- 1/16 - Diabetes Luncheon (FCP 8-Plex Apartments): Noon - 1:30 p.m.
- 1/22 - WIC Make-Up Day (HWC) 8 a.m. - 4 p.m.
- Game Night/Elder Storytelling (time & location TBD)



"I wonder if the snow loves the trees and fields that it kisses them so gently? And then it covers them up snug, you know, with a white quilt and perhaps it says, 'Go to sleep, darlings, till the summer comes again.'"
- Lewis Carroll

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EVERY HOUR OF CONSECUTIVE PLAY, RECEIVE TEN ENTRIES THROUGH FEBRUARY 7.

11 PM CASH DRAWING SEVEN WINNERS
 \$3,000
 \$3,500
 \$4,000
 \$4,500
 \$5,000
 \$8,000
 \$15,000

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\$200 CASH DRAWING HOURLY FROM 12 PM - 7 PM!
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GUESTS OVER 50
 Before 4 pm - Earn & redeem 50 points for a \$5.95 meal voucher.
 After 4 pm - Earn & redeem 125 points for a \$7.95 meal voucher.

GUESTS UNDER 50
 Before 4 pm - Earn & redeem 100 points for a \$5.95 meal voucher.
 After 4 pm - Earn & redeem 200 points for a \$7.95 meal voucher.

Meal vouchers expire the day they are earned and cannot be combined. Limit two wins per person, per day. Visit the Carter Club booth for more details.

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