

## **Elderly Meal Site Menu**

OCTOBER 2018

Monday- October 1, 2018-Chicken Salad on Croissant,  
Cucumbers, Cheese Stick, Nutri-Grain Bar, V-8 juice, Peaches

Tuesday-October 2, 2018-Scalloped Potatoes and Ham, Corn,  
Beets, Bread and Butter, Fruit Cup

Wednesday-October 3, 2018-Baked Chicken, Stuffing, Gravy,  
Squash, Cranberry Juice, Strawberry Rhubarb Pie

Thursday-October 4, 2018-Baked Haddock, Baked Potato, Pork  
and Beans, Jello w/Fruit

Friday-October 5, 2018-Split Pea Soup w/ Bacon and Ham,  
Crackers, Mixed Melons

Menu Subject to Change

## Elderly Meal Site Menu

October 2018

Monday-October 8, 2018-Cheeseburger w/Lettuce and Tomato,  
Macaroni Salad, Applesauce

Tuesday-October 9, 2018-Chicken Kiev, Cheese Raviolis  
w/Alfredo sauce, Peas, Dinner Roll, Jello, Mandarin Oranges

Wednesday-October 10, 2018-Beef Pot Roast, Potatoes,  
Carrots, Corn, Bread and Butter, Blueberry Pie

Thursday-October 11, 2018-Baked Pork Chop w/ Mushroom  
Gravy over Rice, Asparagus, Orange Juice

Friday-October 12, 2018-Chili, Cheese Sandwich, Yogurt, Cherry  
Fruit Fluff

## Elderly Meal Site Menu

October 2018

Monday-October 15, 2018-Italian Pasta Bake, Green Beans, Garlic Bread, Cottage Cheese, Peaches

Tuesday-October 16, 2018-BBQ Chicken, Baked Potato, Corn, Cranberry Sauce, Banana

Wednesday-October 17, 2018-Turkey Hot Dog, Baked Beans, Country Blend Veggies., Mixed Berries, Ice Cream

Thursday-October 18, 2018-Pizza Burger, Baked Sun Chips, Cucumber-Tomato Salad, Pears

Friday-October 19, 2018-Chicken and Wild Rice Soup, Fry Bread, Broccoli, Apple

## Elderly Meal Site Menu

October 2018

Monday-October 22, 2018-Swedish Meatballs Over Egg Noodles, Glazed Carrots, Brussel Sprouts, Fruit Cocktail

Tuesday-October 23, 2018-Pasta and Ham Salad, Cheese and Crackers, Grapes

Wednesday-October 24, 2018-Beef Stir Fry over Rice, Egg Roll, Fortune Cookie, Chocolate Pudding, Fruit Juice

Thursday-October 25, 2018-BBQ Pulled Pork Sandwich, Baked Beans, Roasted Baby Red Potatoes, Asparagus, Apple

Friday-October 26, 2018-Vegetable Beef Soup, Cheese Sandwich, Strawberries, Yogurt

## Elderly Meal Site Menu

October 2018

Monday-October 29, 2018-Chicken Breast Sandwich w/Lettuce and Tomato, Green Beans, Broccoli and Cauliflower w/dip, Pineapple

Tuesday-October 30, 2018- Lasagna, Corn, Garlic Bread, Orange

Wednesday-October 31, Reuben Sandwich, Calico Beans, Cucumber Salad, Blueberry Torte