

## Elderly Meal site Menu - January 2019

**Wednesday January 2** - Sloppy Joes, Baked Beans, Broccoli and Cauliflower w/dip, Strawberry Jello w/Bananas

**Thursday January 3** - Baked Chicken, Macaroni and cheese, Green Beans, Apple, Cranberry Juice

**Friday January 4** - Creamy Potato-Ham and corn Chowder, Dinner roll, Mandarin oranges

**Monday January 7** - Turkey Hot Dog, Tomato Noodles, Cold Pea and Cheese Salad, Apricots

**Tuesday January 8** - Shepard's Pie, Corn Dinner Roll, Celery and Carrot w/ Dip, Cantaloupe

**Wednesday January 9** - BBQ Pulled Pork Sandwich, Rice Pilaf, Cottage Cheese, V-8 Juice, Cherry and Pineapple Fluff

**Thursday January 10** - Baked Lemon Pepper cod, Roasted Potatoes, Vinegar and oil Cole slaw, Baked Beans, Peaches, Rye Bread

**Friday January 11** - Split Pea and Bacon Soup, Cheese Sandwich, Apple Pie

**Monday January 14** - Chicken Broccoli Alfredo, Garlic Bread, Cranberry Walnut Cookie, Fruit Juice

**Tuesday January 15** - Hot Pork, Mashed Potatoes and Gravy, Asparagus, Bread and Butter, Strawberries

**Wednesday January 16** - Brat on a Bun, Sweet Potatoes, Cauliflower, Bean dip w/ crackers, Pears

**Thursday January 17** - Hamburger Gravy w/ Mushrooms over rice, Green Beans ,Dinner Roll, Lemon Cream Cheese Torte, Fruit Cocktail

**Friday January 18** - Chicken Needle Soup, Crackers, Tropical Fruit, Nutri grain Bar

**Monday January 21** - Holiday - No Meal

**Tuesday January 22** - Tenderloin Tips over Egg Noodles, Country Blend of Vegetables, Dinner Roll, Pepper Strips w/Dip, Banana

**Wednesday January 23** - Swedish Meatballs, Mashed Potatoes, Spinach, Cranberry Sauce, Blueberry Torte

**Thursday January 24** - Battered Baked Fish, Cole Slaw, Rye Bread, Calico Beans, Jello w/ Fruit, Orange

**Friday January 25** - Creamy Tomato Bisque, Cheese Sandwich, Peach yogurt, Pears

**Monday January 28** - Polish Sausage & Sour Kraut,  
Mashed Potatoes, California Blend Veggies, Apple

**Tuesday January 29** - Chop Suey, Egg Roll, Fortune  
Cookie, Apricots

**Wednesday January 30** - Chicken Salad on a Croissant,  
Cranberry Sauce, Strawberry Banana V-8 Green Grapes

**Thursday January 31** - Pizza Casserole, French Style  
Green Beans, Garlic Bread, Fruit Juice